

# GAMBLING HARM PREVENTION WORKSHOP FOR PARENTS/CARERS



## IS GAMBLING A BIG DEAL FOR YOUNG PEOPLE?

- ❗ An estimated **55,000** young people in the UK **aged 11-16** are considered 'problem gamblers' (The Gambling Commission, 2019)
- ❗ **Friends and family** play a hugely influential role in shaping gambling behaviour
- ❗ Young people are **most vulnerable** to experiencing **gambling-related harm** once they achieve **independence from their parents** (The Gambling Commission, 2021)

## WHAT CAN WE DO ABOUT IT?

- ❗ GamCare offers **FREE 90 minute gambling awareness workshops** for parents of young people aged 11-19, delivered by our highly skilled **Education and Training Leads**.

### WHAT DO OUR **FREE** PARENT/CARER WORKSHOPS OFFER?

- ✓ **GamCare is the leading UK provider of free information, advice and support for anyone harmed by gambling.**
- ✓ **Learn how to recognise the risk factors, signs and symptoms of gambling-related harm and the links between gambling and gaming.**
- ✓ **Find out how to talk to young people about gambling related harm and where to seek help if they need it.**



## **BOOK YOUR WORKSHOP NOW!**

Contact your local Education and Training Lead now to arrange your free workshop:

[hello@bigdeal.org.uk](mailto:hello@bigdeal.org.uk)

